



St. Francis

HEALTHCARE SYSTEM OF HAWAII
A Legacy of Caring for Hawaii's People

St. Francis Adult Day Center

Health & Physical Form

Personal Information:

Name _____ Address _____

Birth date _____ Gender _____ Marital Status _____ Ethnicity _____

Primary Physician _____ Address _____

Phone _____ Exchange _____

Secondary Physician _____ Address _____

Phone _____ Exchange _____

Preferred Hospital _____

Physical/Mental Exam:

Diagnosis: Primary _____ Secondary _____

Major medical problems _____

Psychiatric history _____

Allergies _____ Reaction to allergen _____

Height _____ Weight _____ Pulse Rate _____ Resp _____ BP _____

Vision _____ Hearing _____

Other significant findings _____

Date, number of days, and reason for last hospitalization (if any)

Diet and Medications:

Diet: Regular _____ Yes _____ No _____ Special Diet Instructions: _____

Medications: (Name, dosage, time to be given. Please attach extra sheet if needed.)

1. _____ 2. _____

3. _____ 4. _____

5. _____ 6. _____

May Aspirin or Tylenol be given? ____ Yes ____ No

Should vital signs be taken? _____ How often? _____

Functional Level:

	Independent	Supervised	Assist (how many people?)
Eating	_____	_____	_____
Dress/groom	_____	_____	_____
Bathing	_____	_____	_____
Toileting	_____	_____	_____
Transferring	_____	_____	_____
Walking/mobility	_____	_____	_____
History of wandering behavior?	_____		

History of falls? _____ When? _____ Cause? _____

Contenance: Urine ____ Yes ____ No Bowel ____ Yes ____ No

Physical Aids: Dentures ____ Eyeglasses ____ Hearing Aid ____
Walker ____ Wheel chair ____ Cane ____
Prosthesis ____ Other ____

Participant may take part in sitting/standing exercises for older adults?

Yes ____ No ____ Comments: _____

Social and Environmental:

Primary caregiver _____ Relationship: _____

Pertinent family medical history: _____

Support person/network: _____

Resides: Alone _____ With Family _____ Other _____

Resides in: single family home _____ Apartment _____

Are there stairs for physical barriers? _____

TB Clearance: (State of Hawaii regulations require the entry Tuberculosis Evaluation be based on the two step Mantoux skin test supplemented by a standard chest x-ray as needed).

PPD Skin Test:

Date Read _____ Result (circle one): ____ Negative ____

Positive Date of Chest X-ray _____ Result: ____ Negative ____ Positive

Participants in Adult Day Care who present a standard chest X-ray after a positive reading on Manitou skin test must be screened for symptoms consistent with pulmonary TB. These symptoms include:

- (1) Cough with more than 3 weeks duration *and*
- (2) At least one of the following:

- a. fever
- b. night sweats
- c. unintentional weight loss = more than 10% body weight
- d. hemoptysis, or
- e. malaise/fatigue

I have examined this patient and found him/her to be free of these symptoms of TB. Based on my examination, the patient appears appropriate for attendance at a social model adult day care program.

Physician's Signature

Date